

Local Agency Lesson Summary

(Submit with the Lesson Plan)

Lesson Title: _____

***Check one:** _____ Group Class _____ Individual Counseling _____ **Self Paced

* Locally developed lessons for group classes and/or individual counseling must be submitted to the SA for review, comment and coding prior to use in nutrition education classes.

** All self-paced lesson plans require State approval.

Target audience:
(check all that apply)

_____ Pregnant Women	_____ Parents of Infants
_____ Breastfeeding Women	_____ Parents of Children
_____ Postpartum Women	_____ Children
_____ Teens (only)	

Teaching tools/activities:
(check all that apply)

_____ Video	_____ Magnetic Board
_____ Food demonstration	_____ Puppet Show
_____ Food tasting	_____ Activity
_____ Other:	_____

Name of person who developed the lesson _____

**Name of local agency R.D./L.D. who approved the lesson
(if applicable).** _____

Use the checklists on the backside of this page to review lessons prior to submission to the State Agency.

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Lesson Checklists

Mandatory lesson components:

(Attach or include these lesson components.)

Behavioral objective(s) that describe what the participant will be able to do following participation in the lesson.

Detailed outline or narrative of the information to be presented. Sufficient detail must be provided so that any qualified staff can present the lesson after reading it.

Clear, easy to follow lesson plan

Title of any accompanying audiovisuals and/or pamphlets and information on how they can be ordered.

Brief description of the content of the audiovisual.

Copy of handouts or pamphlets, if not available from TDH.

Brief description of the content of any posters, bulletin boards, games, etc. that accompany the lesson.

Evaluation that assesses whether or not the objective was met. May be written or oral. In facilitated discussion sessions, the summary of key points covered takes the place of the group class evaluation.

Spanish translation of lesson and lesson materials, only required if Spanish-language materials are needed to meet the language needs of local agency participants

Optional lesson components and development techniques:

(These lesson components and development techniques are suggested to maintain the quality of WIC lessons.)

Icebreaker (for group class lessons only)

Learning activities present lesson topics in a way that allows participants to interact in a variety of ways.

Open-ended questions are utilized (for group class lessons only)

Lesson plan has been field-tested